



MEMBERSHIP FORM

Membership: Dues Enclosed \$20 Individual \$30 Family

Primary Member: _____	Date of Birth _____	Sex M F
Address _____	City _____	State _____ Zip _____
Phone: Day _____	Evening _____	E-mail _____

For Family Memberships Only:

Family Member #	Date of Birth	Sex	Runner?
Family Member #1 _____	_____	M F	Yes No
Family Member #2 _____	_____	M F	Yes No
Family Member #3 _____	_____	M F	Yes No
Family Member #4 _____	_____	M F	Yes No

WAIVER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effect of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Marble Valley Running Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Each member must sign below:

Primary Member _____
Family Member #1 _____ (Parent or Guardian if under 18)
Family Member #2 _____ (Parent or Guardian if under 18)
Family Member #3 _____ (Parent or Guardian if under 18)
Family Member #4 _____ (Parent or Guardian if under 18)

Make Checks payable to:
 Marble Valley Runners
 P.O. Box 1291
 Rutland VT, 05701

For Additional Information:
 Contact Richard Frank
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